

# North Sails Oregon Seminar

## March 1, 8 & 15

### CREW DYNAMICS

**INVITATION:** This seminar is open to all skippers and crew..

**DESCRIPTION:** You will learn the strategy and tactics necessary to compete in sailboat racing with special emphasis on crew dynamics.

**LOCATION:** North Sails Oregon  
7911 NE 33rd Dr. Suite 390  
Portland, OR 97211

**REGISTRATION:** [www.northsailsoregon.com](http://www.northsailsoregon.com)

**DATE:** Thursday evenings, March 1st, 8th and 15th, 2012

**TIME:** 6:00 pm – 9:00 p.m.

**FOOD:** Your registration fee includes 3 meals!

**FEE:** Only \$60 for the three evening session.



**INFORMATION:** For more information go to [www.northsailsoregon.com](http://www.northsailsoregon.com)

Come and learn the strategy and tactics of sailboat racing. We encourage skippers and crews to participate. This year the focus will be on crew dynamics and responsibilities as they pertain to your race strategy. We will talk about finding the right crew, crew responsibilities, how to keep crew involved during the race, and how to execute maneuvers.

Kerry Poe, previous four-time US Sailing Team member and owner of North Sails Oregon, will be teaching the seminar. We will have food and a little bit of social time at 6:00 and then start the seminar at 6:30.

**For more information  
go to [www.northsailsoregon.com](http://www.northsailsoregon.com)**